

# MEDITECH Expanse TIP SHEET

## BH Discharge Instructions Eating Disorder Units



Interventions		
BH Discharge Instructions		
Assessments		
BH Discharge Instructions		
Demographics		
*Reason for admission		<input checked="" type="checkbox"/> Anx <input type="checkbox"/> Cat <input type="checkbox"/> Incr For outp
Other reason for admission		Feeling
*Patients stated reason for visit		[ End ]
Discharge diagnosis		Docume
Meds reconciled at discharge and completed list provided to patient		<input type="radio"/> Yes
Therapist, Clinical Summary		
Patient Address		
Address patient is discharging to		123 Day NASHVI [ End ]
PHP or IOP		Enter th
Is patient being discharged to PHP or IOP		<input type="radio"/> Yes
Additional Instructions		Is patiel
To ensure ongoing recovery and safety, you should		<input checked="" type="radio"/> All <input type="checkbox"/> Avo
Procedures or Tests		
Major procedures or tests performed during inpatient stay		<input type="checkbox"/> Non
		Docume urinalys
Other major procedures or tests performed during inpatient stay		
Summary of tests, screens, and procedure results		

For Eating Disorder Units only (inpatient and outpatient), there will be a new query on the BH Discharge Instructions titled Therapist Clinical Summary. When this query is filled out it, it will display on the discharge packet.

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## BH Personal Safety Plan



<p>Assessments</p> <p>BH Personal Safety Plan</p> <p>Personal Safety Plan</p> <p>*What makes you angry, upsets you, causes you to go into a crisis, or triggers you</p> <p>Other what makes you angry, upsets you, causes you to go into a crisis, or triggers you</p> <p>*Signals of distress or warning signs (losing control or getting upset)</p> <p>Other signals of distress or warning signs (losing control or getting upset)</p> <p>*Calming strategies or coping skills</p> <p>Other calming strategies or coping skills</p> <p>*People I feel safe calling to help me cope or support system</p> <p>*People/social settings that provide distraction or support system</p> <p>*Strategies for making my environment safe</p> <p>Other strategies for making my environment safe</p> <p>*What makes life worth living/most important to me</p> <p>*List negative behaviors that brought you to the hospital (hitting, throwing things, hurting yourself)</p> <p>*How would you want someone to help you if you are upset (hug me, tell me it's okay, distract me)</p>	<p>The documentation for the BH Personal Safety Plan has been updated to include child friendly language. Two new questions have been added at the end of the intervention.</p>
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