

# POD 0 Ambulation Documentation

## Nursing Ambulation Documentation

- Routine Daily Care
- Select #1 or #2
- Specify time and distance
- Requirements
  - Minimum of 6-10 feet
  - Done within 4H of surgery
  - Stand, turn and dangle do not count

## PCT Ambulation Documentation

- Please enter a note with time and distance walked, or ask nurse to enter Routine Daily Care process intervention

**\*\* If patient refuses due to pain or other factors, document refusal, intervention and plan for second attempt\*\***

Activity: [for free text]

<input type="checkbox"/> 1 Ambulate in hall	<input type="checkbox"/> 7 Dangle
<input checked="" type="checkbox"/> 2 Ambulate in room	<input type="checkbox"/> 8 Stand at bedside
<input type="checkbox"/> 3 Bathroom privileges	<input type="checkbox"/> 9 Turn
<input type="checkbox"/> 4 Bedrest	<input type="checkbox"/> 10 Up ad lib
<input type="checkbox"/> 5 Chair	
<input type="checkbox"/> 6 Commode	

Document only what patient actually did (independent or assisted), not what patient is capable of doing. If patient independent, confirm actions were completed.

Activity:

Level of assistance:

Assistive devices:

**Ambulation duration (minutes):**

**Ambulation distance (feet):**

Specialty bed:

Head of bed elevation:

Transport method:

Appetite:

(End)

# Spine Quick Reference

New or Floating? Scan below

Spine Sharepoint



Spine/ Joint Orientation

