

DIVISION SCOPE OF SERVICE

Division: SAN ANTONIO
Classification: EXERCISE PHYSIOLOGIST
Applicant Name:
<p>Exercise Physiologist: The Exercise Physiologist (non-clinical Exercise Physiologist) must have equivalent qualifications, competence and function in the same role as employed individuals performing the same or similar services at the facility, as defined by facility job description.</p>
<p>Definition of Care or Service: The Exercise Physiologist is responsible for performing day-to-day implementation and care for clients in the Clinic. This consists of direct responsibility for clients in which the exercise physiologist works independently and/or in conjunction with other team members. Scope of service may include:</p> <ul style="list-style-type: none"> • Evaluate, assess and provide appropriate therapeutic intervention and an individualized program tailored to each client’s needs. • May assist in assigned duties to include teaching/counseling, providing staff in-services, and administrative/clerical duties. • Demonstrates Clinical and Service excellence behaviors to include code of HCA conduct core fundamentals in daily interactions with patients, families, co-workers and physicians.
<p>Setting(s):</p> <ul style="list-style-type: none"> • Cardiovascular Rehabilitation services areas including but not limited to hospitals and outpatient surgery centers • Healthcare facilities including but not limited to hospitals, outpatient treatment facilities, imaging centers, and physician practices
<p>Supervision: Nurse Director, Director of Exercise Physiology, Medical Director of Cardiovascular Rehabilitation Evaluator: Nurse Director, Director of Exercise Physiology, Medical Director of Cardiovascular Rehabilitation Tier Level: 2 eSAF Access Required: Yes</p>
<p>Qualifications:</p> <ul style="list-style-type: none"> • Bachelor’s or higher degree in kinesiology, exercise physiology, exercise science, or equivalent related degree • American Heart Association or Red Cross health care provider BLS Certification • American Heart Association or Red Cross health care provider ACLS Certification <p>Preferred Qualifications:</p> <ul style="list-style-type: none"> • Previous training/experience in cardiac rehabilitation and exercise prescription is desired. <p>NOTE: Where education may not be defined in qualifications area of the Scope, HCA requires the highest level of education completed (not training or courses) confirmed on your background check.</p>
<p>State Requirements:</p> <ul style="list-style-type: none"> • N/A
<p>Experience:</p> <ul style="list-style-type: none"> • N/A

DIVISION SCOPE OF SERVICE

Preferred Experience:

- Previous training/experience in cardiac rehabilitation and exercise prescription is desired.
- Working knowledge of Microsoft Windows and Office is desired.

Competencies:

The Exercise Physiologist will demonstrate:

- Assists with initial assessment, including but not limited to, client history, risk factors for heart disease, and body composition.
- At each exercise session, evaluates client prior to an exercise session for contraindications for starting the exercise session, performs blood glucose monitoring prn, assists in risk stratification process, selects/recommends appropriate exercise modalities, as well as frequency, duration, and intensity.
- Provides client education, to include but not limited to, risk factors for coronary heart disease, use and safe use of exercise equipment, home exercise program, body composition, METS, exercise prescription and related topics i.e. THRR, RPE scale, mode/intensity/frequency/duration.
- Gives direction to clients at each exercise session concerning appropriate exercise prescription based on client's physical response to exercise.
- Assists with the admitting process i.e. making phone calls to clients and physicians, securing referrals/authorizations/letters of medical necessity, and registering clients with admitting.
- Assists in establishing and updating the exercise prescription, care plan, problem areas, and client personal goals.
- Infection Prevention:
 - Practices consistent hand hygiene
 - Uses personal protective equipment (PPE)
 - Complies with Isolation precautions
 - Required immunizations per Division requirement

Additional Job Functions:

- Recognizes his/her own clinical limitations.
- Reports to and discusses with staff any and all questionable client signs/symptoms/exercise treatment and responses.
- Maintains client privacy and confidentiality at all times.
- Demonstrates good judgment in responding to emergency situations.
- Maintains appropriate paperwork in client records i.e. ensures necessary forms are available in each chart and are appropriately labeled with client information, assembles new admission charts and education packets, files incoming paperwork to clients' charts.
- Assists with orientation of new staff members and students, this includes department orientation and review of all departmental manuals to include policies/procedures, safety, infection control, etc.
- Supports the mission and vision of the Methodist Healthcare System and demonstrates excellent customer service at all times.
- Understands and is committed to helping the Methodist Healthcare System and its associated facilities achieve its goals.
- Must learn and comply with System and facility safety policies and rules;
- Must use appropriate safety equipment and procedures at all times
- Must immediately report all unsafe conditions to supervisors;
- Must be familiar with all safety features of equipment, tools or materials encompassed by job duties;
- Must check with supervisors (prior to job performance) if there is a question as to the safe procedure to be used for any job function.
- Adheres to the MHS Code of Conduct and demonstrate ethical behavior as expected by our clients,

DIVISION SCOPE OF SERVICE

colleagues and the community.

- Understand the personal obligations to report any activity that appears to violate applicable laws, rules regulations or the Code of Conduct itself.
- Completes other duties as assigned.

References:

Document Control:

- Created 7/19/2022

Your signature confirms you will be able to comply with the Qualifications and Competencies listed within this Scope of Service and that you will confirm education via your background check.

Applicant Printed Name: _____

Signature: _____

Date: _____